

HALO Initial Two-Year Program

YEAR 1

Community Awareness Cost: \$525

Assist students in developing an awareness of the range of community/recreational activities and consumer services available in their local community. Emphasis will be on acquiring knowledge and skills that can be easily transferred to future life changes such as entering the workforce and the importance of accessing appropriate community services relevant to balancing work and healthy lifestyle. Students will develop their own Personal Community Resource Book for future reference.

Health and Wellness Cost: \$525

Expose students to good health and hygiene practices necessary to live independently. Topics include caring for self, nutritional values of food, personal safety, diet and meal selection, basic first aid, and physical, mental and emotional changes that occur during growth and development

Exploration of Independent Living Cost: \$525

Expose students to various aspects of living independently in this community. They will become familiar with house, transportation, life skills, and caring for oneself.

Math for Life Cost: \$525

A functional math call designed to reinforce basic math skills as they apply to post-school adult living. Topics will include measurement, money, time, basic computation, geometric concepts, use of calculator, probability and chance, and some algebraic concepts.

YEAR 2

Computer Technology Cost: \$525

Introduces students to the major components of computer hardware and software. Students will learn the basics of word processing, spreadsheets, using Windows, email and the Internet. Students will also be introduced to various pieces of assistive technology.

Social Development Cost: \$525

Assist students in becoming more aware of themselves as individuals and develop a strong and confident identity. Through a range of discussions students will evaluate their communication styles while learning communication techniques for various social situations and relationships.

Cooking Skills – 8 Week Cost: \$415

Cook and prepare food quickly while considering menu selection, food preparation, basic cooking, food hygiene and personal safety.

Money Skills – 8 Week Cost: \$415

Prepare students with basic money skills including money value, money handling, shopping, budgeting, bill paying and banking.

Reading and Writing for Life Cost: \$525

Expose students to various types of materials adults should be able to read and understand. Students will use comprehension skills and strategies to increase understanding of information in different types of text. Students will also use writing skills to organize and present information.